

We Accept Visa, Mastercard,
American Express & Discover

CARLO'S GOURMET

Pizzeria, Restaurant & Caterers

EXCLUSIVE PLAZA
326 Route 9, Marlboro
(732) 536-6070
www.carlosgourmetpizza.com

GLUTEN FREE MENU

Appetizers



Chicken Tenders (3).....	\$ 7.99
Mozzarella Sticks (4).....	\$ 7.99
Baked Clams Oreganato (6).....	\$ 9.99
French Fries.....(S)..\$4.00...(L)..\$6.00	
Fried Calamari.....	\$ 18.99
Mussels Marinara.....	\$ 13.99
Eggplant Rollatini (1).....	\$ 6.99
Meatballs (2).....	\$ 6.49
Sausage (3).....	\$ 6.99
Fried Ravioli (4).....	\$ 9.99
Garlic Bread (6 inch).....	\$ 4.99
w/mozzarella cheese.....	\$ 6.99

*Made on Gluten-Free Baguette

Soups

Chicken Soup.....	\$ 5.00
Tuscan Bean Soup.....	\$ 5.00

Salads

	Small	Large
Green Salad.....	\$ 5.99	\$ 9.99
<i>Crisp Iceberg Lettuce served w/ Tomatoes, Bermuda Onions and Olives with your choice of dressing</i>		
Caesar Salad.....	\$ 7.99	\$ 12.99
<i>Crisp Romaine Lettuce w/ Grated Pecorino Parmesan Cheese</i>		
Insalata Caprese.....	\$ 7.99	\$ 11.99
<i>Fresh Mozzarella, Tomatoes and Basil</i>		
Fresh Mozzarella Salad.....	\$ 7.99	\$ 11.99
<i>Fresh Mozzarella, Roasted Peppers, & Balsamic Vinegar</i>		
Mesclun Salad.....	\$ 8.99	\$ 12.99
<i>Spring Mix, Black Olives, Roasted Peppers, Golden Raisins, Bermuda Onions, and our own Balsamic Vinaigrette</i>		

Add to any of the above:

Grilled Chicken.....	\$ 3.50	\$ 6.00
Grilled Shrimp.....	\$ 4.00	\$ 7.00

Eggplant

(Served with Rice Pasta & Salad)

Eggplant Parmigiana.....	\$ 16.99
<i>Eggplant Layered w/ Tomato Sauce & Topped w/ Mozzarella Cheese</i>	
Eggplant Rollatini.....	\$ 17.99
<i>Eggplant Stuffed w/ Ricotta Cheese & Topped w/ Tomato Sauce & Mozzarella Cheese</i>	

Seafood

(Served with Rice Pasta & Salad)

Shrimp Parmigiana.....	\$ 19.99
<i>Topped with Tomato Sauce and Mozzarella Cheese</i>	
Shrimp Francese.....	\$ 19.99
<i>Lightly Battered Shrimp Prepared in a Lemon Butter Sauce</i>	
Seafood Fra Diavolo.....	\$ 22.99
<i>Shrimp, Mussels, Clams & Calamari served in either White Wine Sauce or Spicy Marinara Sauce</i>	



Pastas

(Rice Spirals or Penne)



Conte's Cheese Ravioli ... add \$2.00	Conte's Spinach Ravioli...add \$4.00
w/ Tomato Sauce.....	\$ 9.99
w/ Meatballs.....	\$ 11.99
w/ Marinara Sauce.....	\$ 11.99
w/ Meat Sauce.....	\$ 14.99
Alla Vodka.....	\$ 14.99
<i>Creamy Pink Vodka Sauce with Sundried Tomatoes</i>	
Alfredo.....	\$ 14.99
<i>Creamy Parmesan Cheese Sauce</i>	
Primavera.....	\$ 14.99
<i>Sautéed Broccoli, Carrots & Zucchini Served in Either Light Cream Sauce, Marinara Sauce, or Garlic & Olive Oil</i>	
Spinach.....	\$ 14.99
<i>Sautéed Spinach Served in Your Choice of Sauce: Light Marinara Sauce, or Garlic & Olive Oil</i>	
Broccoli.....	\$ 14.99
<i>Sautéed Broccoli Served in Your Choice of Sauce: Light Marinara Sauce, or Garlic & Olive Oil</i>	

Add To Any Of The Above:

Grilled Chicken ...\$ 5.00 Grilled Shrimp ...\$ 6.00

Stuffed Shells.....	\$ 15.99
Cheese Lasagna.....	\$ 17.99
Meat & Cheese Lasagna.....	\$ 18.99
Baked Penne.....	\$ 17.99
Baked Ravioli Parmigiana.....	\$ 17.99
Spinach Ravioli..... add \$ 2.00	

Chicken & Veal

(Served with Rice Pasta & Salad)

Tender Milk Fed Baby Veal.....	\$ 18.99
100% Grade A Boneless Chicken.....	\$ 17.99

Parmigiana.....	<i>Topped with Tomato Sauce & Mozzarella Cheese</i>
Francese.....	<i>Lightly Battered Pieces Prepared in a Lemon Butter Sauce</i>
Marsala.....	<i>Sautéed Mushrooms & Onions in a Marsala Wine Sauce</i>

Pizza



Large Pizza – 14 in. (8 slices) Plain.....	\$ 19.00
Put any topping from our regular menu (Gourmet or Traditional)...ask for price!	



Desserts

Brownie • Tiramisu • Vanilla Ice Cream



PLEASE NOTE: We work very hard to ensure the products used are gluten-free, and have put strict procedures in place to avoid cross contamination of foods. We have had this menu reviewed by the Gluten Free Restaurant Awareness Program; however, Carlo's is not a gluten free restaurant, and human error is never 100% avoidable. Please call the restaurant if you have any concerns.